

Spring 2012 Classes





CHLD 2079

Ages & Stages of Development for School-Age Children 5 to 8 Years Old

Length: 4 hours; 9:00 am – 1:00 pm

Fee: \$20

Target Audience: Providers who work with school-age children

Overview: Participants will learn how to understand and support the continuum of growth and development across various domain areas for children ages 5 to 8.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65736	4/28	Roanoke	Roanoke Higher Education Center Room 206B 108 North Jefferson Street

CHLD 2080

Ages & Stages of Development for School-Age Children 9 to 12 Years Old

Length: 4 hours; 9:00 am – 1:00 pm

Fee: \$20

Target Audience: Providers who work with school-age children

Overview: This course addresses how to understand and be able to support the continuum of growth and development across various domain areas for children ages 9 to 12

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65737	5/19	Roanoke	Roanoke Higher Education Center Room 206B 108 North Jefferson Street



Spring 2012 Classes



FAMILY DAY HOME PROVIDERS ONLY

CHLD 2062 AI's Caring Pals (2-day class)

- Length:** 10 hours; See Individual Classes
(working lunch – please provide your own lunch)
- Fee:** \$40
- Target Audience:** Providers who work with children ages 3 to 8
- Note:** **Participants must attend both days of training to receive any training credit**, and to receive the Certificate of Completion
- Overview:** This 2-day course is designed specifically for home-based child care. Lively training sessions address the unique aspects of this setting and build the skills of providers. Down-to-earth approaches and practical materials prepare providers to help children learn to express and manage feelings, solve problems peacefully, accept differences, control impulses, cope, and make safe and healthy choices.
- AI's Caring Pals provides training for local groups of home-based child care providers to strengthen their ability to nurture social-emotional development of the children in their care. The AI's Caring Pals materials kit equips each home-based child care provider with easy-to-use tools to develop children's skills related to traits of resilience such as self-control, social competence and problem-solving.
- Each class participant will get their own AI's Caring Pals Kit to take home and use with their children. The AI's Caring Pals kit contains materials designed specifically for the home-based child care setting. The kit materials include:
- Flip card activity book
 - Music CD with original songs
 - Songbook
 - Calm Down and Problem-Solving posters
 - Photo

REG. NUMBER	DATE	CITY	ON LOCATION
65721	3/31 & 4/28	Richmond	Child Savers 200 North 22nd Street 9 am – 2 pm
66120	3/31 & 5/12	Roanoke	Roanoke Higher Education Center Room 206B 108 North Jefferson Street 9 am – 2 pm
66121	4/21 & 5/19	Springfield	NOVA Community College Springfield Campus Medical Edu. Building, Rm HE356 & 256 6699 Springfield Center Drive 9 am – 2 pm
66122	4/21 & 5/19	Hopewell	Appomattox Regional Library 209 East Causon Street 10:30 am – 3:30 pm





CHLD 2084

Child Abuse and Neglect: Recognition & Reporting for School-Age Children

Length: 4 hours; 9:00 am to 1:00 pm

Fee: \$20

Target Audience: Providers who work with school-age children

Overview: Child care providers will learn how to recognize and manage suspected child abuse and neglect. This course provides instruction on types of abuse and neglect, strategies for responding to suspected child victims and their parents, the child protective services response process, and knowing when and how to report suspected abuse and neglect. Virginia law mandates that child care providers report suspected child abuse and neglect.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65740	5/19	Virginia Beach	Tidewater Community College Advance Technology Center Room H-178 1700 College Crescent



CHLD 2078

Creating Appropriate Learning Environments in School-Age Child Care

Length: 4 hours; 9:00 am – 1:00 pm

Fee: \$20

Target Audience: Providers who work with school-age children

Overview: This course is designed to assist school-age child care providers in creating meaningful, motivating, and productive environments for school-age children ages 5 to 12. The course provides an overview of the physical, social-emotional, and cognitive developmental characteristics of school-age children and how learning environments can impact their level of engagement in activities. In addition, the course will address ways to plan the use of space in settings whether they are dedicated to school-age child care or shared space environments. The course provides information guiding the selection and display of materials, and implementing flexible scheduling.

Objectives:

- Describe the developmental characteristics of school-age children.
- Recognize how the developmental characteristics of school-age children are impacted by the environment of the school-age care setting.
- Plan for ways to use space in a variety of settings whether the space is in a school, community center, child care center, family home care, or other setting.
- Practice strategies of selecting and arranging materials for school-age children.
- Utilize the principles of effective scheduling to develop flexible schedules for school-age programming.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65735	5/5	Roanoke	Roanoke Higher Education Center Room 206B 108 North Jefferson Street

Spring 2012 Classes



CHLD 2074 Developing Healthy Habits in Young Children

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, and preschool children
Overview: This course will present a series of Healthy Habits for children to develop early in life so they can become lifelong habits. It will address day-to-day skills children need to remain healthy and safe as they go from early childhood to adulthood, including exercise, cleanliness, eating appropriately and getting the appropriate amount of rest.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65733	5/12	Springfield	NOVA Community College Springfield Campus Medical Edu. Building, Room HE256 6699 Springfield Center Drive

CHLD 2072 Ethics for Early Childhood Professionals

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, and preschool children
Overview: This course focuses on ethics as it relates to children in care, health, safety and families. Participants will learn appropriate ways to talk with children and parents about health, safety and nutritional issues. Lillian Katz's Stages of Professional Development will also be presented.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65732	4/21	Chester	John Tyler Community College Chester Campus Moyar Hall, Room M201 A&B 13101 Jefferson Davis Highway





CHLD 2089 Facilitating Brain Development in Young Children

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, preschool children
Overview: This course provides the participants with background information about the major parts and functions of the brain and the impact of neglect on the development of the brain in young children from birth to age five. The stages of brain development in infants, toddlers and preschoolers will be presented through the physical, cognitive, language and social-emotional domains and participants will discover the crucial role they have in planning and creating an environment that will enhance the brain development of children in their care. Participants will learn strategies and experience activities enabling them to facilitate the brain development of the children in their early childhood settings.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65814	5/19	Hampton	Thomas Nelson Community College Peninsula Workforce Development Ctr. Room 1301 600 Butler Farm Road
65815	5/19	Richmond	Community College Workforce Alliance Workforce Dev. & Conf. Center Room 100C 1630 East Parhamo Road

CHLD 2070 Food Safety in the Child Care Environment

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, preschool children
Overview: This course addresses aspects of food safety related to personal hygiene, food preparation and storage. Foods that are choking hazards will be reviewed. Cooking activities to use with children will be included.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65729	5/5	Hampton	Thomas Nelson Community College Peninsula Workforce Development Ctr. Room 1301 600 Butler Farm Road



Spring 2012 Classes



CHLD 2083 Homework, Holiday & Summer Activities for School-Age Children

Length: 4 hours; 9:00 am – 1:00 pm
Fee: \$20
Target Audience: Providers who work with school-age children

Overview: This course addresses how successful school-age programs must be based on the needs and interests of the school-age children being served. Participants learn about setting up and monitoring a homework program that will support and encourage school-age children to do their homework and learn through the process. Participants will explore ways to plan activities and thematic projects for those longer child care days during holiday vacations and summer sessions.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65739	5/12	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA275 3001 North Beauregard Street

CHLD 2058 Incorporating Creativity into Early Childhood Curricula

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course focuses on how the curriculum that encourages creativity the most in young children is an integrated, whole curriculum. In an integrated curriculum the artificial divisions among content areas are reduced. In an integrated curriculum the children are able to experience learning as a whole. Any curriculum can be infused with creative activities that stimulate and motivate children to want to learn.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65719	4/21	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA277 3001 North Beauregard Street



Spring 2012 Classes



CHLD 2069

Making Meal Times Fun in the Early Childhood Classroom

Length: 4 hours; 9:00 am to 1:00 pm

Fee: \$20

Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course focuses on appropriate meal time and nutritional practices for providers who work with young children. Healthy nutrition and food choices will be addressed, as well as feeding practices and strategies to make meal times enjoyable for children and adult caregivers. Providing for children with special nutrition needs will also be reviewed. Participants will learn how to use songs, poems, books and finger plays to promote healthy eating for young children.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65727	5/5	Richmond	Community College Workforce Alliance Workforce Dev. & Conf. Center Room 100C 1630 East Parham Road

CHLD 2056

Movin' & Groovin': Using Movement to Help Young Children Learn

Length: 4 hours; 9:00 am to 1:00 pm

Fee: \$20

Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course will focus on how young children seem to be in constant motion and how teachers of young children can use that propensity for motion to facilitate learning. Participants will learn how movement activities combine this natural inclination with activities that stretch their imaginations, exercise muscles, contribute to the formation of spatial and temporal concepts, and build respect for the uniqueness and ideas of others.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65717	4/28	Springfield	NOVA Community College Springfield Campus Medical Edu. Building, Room HE256 6699 Springfield Center Drive



Spring 2012 Classes



CHLD 2068 Nutritional Guidelines in Early Childhood

Length: 4 hours; 9:00 am to 1:00 pm

Fee: \$20

Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course focuses on nutritional guidelines for children and why they are important. The Food Guide Pyramid will be presented and activities to use with young children related to the Food Guide Pyramid will be demonstrated. Twenty (20) nutritional facts to think about will be introduced as guidelines for all teachers to understand related to children's nutrition needs, including: (1) meeting children's health needs, (2) respecting children's food choices, and (3) encouraging children to enjoy healthful foods.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65726	4/21	Roanoke	Roanoke Higher Education Center Room 206B 108 North Jefferson Street

CHLD 2061 Pinch, Pull, Twist, & Turn – Small Motor Development in Early Childhood

Length: 4 hours; 9:00 am to 1:00 pm

Fee: \$20

Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course will focus on the development of small muscles using creative materials and activities. Participants will develop an understanding of how perceptual development can be enhanced through small muscle activity.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65720	4/28	Hampton	Thomas Nelson Community College Peninsula Workforce Development Ctr. Room 1301 600 Butler Farm Road



Spring 2012 Classes



CHLD 2081 Planning Appropriate Activities for School-Age Children

Length: 4 hours; 9:00 am – 1:00 pm
Fee: \$20
Target Audience: Providers who work with school-age children

Overview: This course is designed to provide an overview of the physical, social-emotional, and cognitive developmental characteristics of school-age children and how learning about each child in the program is instrumental in providing a wide variety of activities and projects that will motivate these school-age children to participate. This course provides the participant with experiences to plan appropriate activities for school-age children for stand-alone activities and thematic projects and activities. It presents information related to normal growth and development and how this development is impacted and enhanced by program activities. This course also presents information and strategies to enable participants to plan meaningful activities for and with school-age children, ages 5 to 12, to enrich and extend learning experiences.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65738	5/19	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA275 3001 North Beauregard Street

CHLD 2052 Roles of Imagination, Play & Dramatic Play in Early Childhood

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course will examine how imagination, thinking and sharing play a role in the development of creativity. Important components of creative thinking will be presented. How play is critical in the child's learning environment will be discussed and the stages of play will be presented. Why it is important for teachers and parents to understand play will be explored. The underlying theme will be "Play is Child's Work."

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65715	5/5	Chester	John Tyler Community College Chester Campus Moyar Hall, Room M201 A&B 13101 Jefferson Davis Highway



Spring 2012 Classes



CHLD 2066 Safety in a Quality Early Childhood Environment

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, and preschool children
Overview: This course will describe ways of making a child's environment safe. The four basic principles of classroom safety management will be presented. The role of negligence in classroom safety issues will be examined. Age and stage issues related to safe classrooms will be reviewed.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65725	5/5	Virginia Beach	Tidewater Community College Advance Technology Center Room H-178 1700 College Crescent

CHLD 2071 Teaching Young Children about Health, Safety and Nutrition

Length: 4 hours; 9:00 am – 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers and preschool children
Overview: This course addresses appropriate topics to include in teaching children about health, safety and nutrition issues. How to develop a lesson plan for teaching health, safety and nutrition concepts will be presented. The importance of including families in the children's learning experiences will also be discussed.

REG. NUMBER	DATE	CITY	AVAILABLE ONLINE YEAR-ROUND or ON LOCATION
65731	4/28	Richmond	Community College Workforce Alliance Workforce Dev. & Conf. Center Room 100C 1630 East Parham Road





CHLD 2050 Why is Creativity Important?

Length: 4 hours; 9:00 am to 1:00 pm
Fee: \$20
Target Audience: Providers who work with infants, toddlers, and preschool children

Overview: This course defines creativity and why it is important for children to be able to be creative through a variety of ways and in many different situations. It will examine the role aesthetics play in creativity and compare and contrast creativity and divergent thinking with conformity and convergent thinking. Possible barriers to creativity will be presented. The course will also include how art fosters child development and the development of positive self-concept in children. Both the ways parents and teachers help children develop creativity and enhance children's creative expression will be addressed. Classroom environments, attitudes of openness, acceptance and encouragement that allow for creativity will be discussed.

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65714	5/19	Chester	John Tyler Community College Chester Campus Moyar Hall, Room M201 A&B 13101 Jefferson Davis Highway

